



Name surname

Position: Associate Professor

Department: Public and Community Health

University: University of West Attica

Short Bio:

Venetia Notara holds a PhD in Health Promotion and Prevention of Cardiovascular Diseases from the Harokopio University of Athens and an MSc in Health Promotion from the London School of Hygiene and Tropical Medicine, University of London.

She has extensive teaching experience in undergraduate and postgraduate level in the fields of Health Promotion, Nutrition & Health and Healthy Ageing.

Her research interests are focused on third age, chronic disease prevention, health promotion and public health. Her extensive research work, with publications in peer-reviewed international and national journals (>100 publications) and presentations at international and national conferences (>140 oral and poster presentations), covers the field of Health Promotion and focuses on knowledge, perceptions and lifestyle issues related to chronic disease prevention.

She coordinates national projects in collaboration with Harokopio University and Medical School, University of Crete and is a member of a research team in international research program.

She participates, as a supervisor and as a member of a three-member Advisory Committee, to doctoral candidates and postgraduate students.

She served as Chair of the Working Group on Epidemiology and Prevention of Atherosclerosis in the Hellenic Atherosclerosis Society (2021-2024).